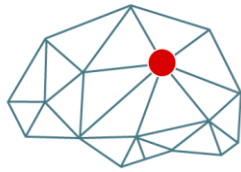


Fast Facts for patients

ASPIRING



Antiplatelet Secondary Prevention
International Randomised study
after INtracerebral haemorrhaGe

accord

Academic and Clinical Central Office for Research and Development



Local research team's NHS institution logo goes here

We invite you to take part in the ASPIRING study

In this leaflet, you will find short answers to these questions:

- Why are we inviting you?
- Essential information
 - Why are we doing this study?
 - What is ASPIRING?
- What does it mean for me?
- How can I make a decision?
- More information
- About us

Why are we inviting you?

According to our records, you may be eligible for our study because:

- You have had a stroke due to bleeding in your brain.
- You are not taking any medicines to thin your blood.

We are aspiring to use the antiplatelet medicines **aspirin** or **clopidogrel** to prevent stroke, heart attack, and death after bleeding in the brain (which is also known as brain haemorrhage).



Please read this summary, which will help you decide.



Do ask any questions you may have.

Here is a diagram of essential information about the study



You have had a stroke due to bleeding in the brain



You watch a video, receive information, ask questions, get answers, and researchers assess you



You get standard medical care whether you do or don't take part



If you decide to take part, you sign the consent form, and information is sent to the study database



Random allocation by the study database to START or DO NOT START antiplatelet medicine



50%



50%

START

aspirin or clopidogrel

DO NOT START

antiplatelet medicine



The research team will check your medical records for up to 5 years to see how you get on

- Brain haemorrhage survivors are at risk of having another stroke, heart attack, and other clotting or bleeding problems.
- Doctors try to prevent these problems by lowering blood pressure. Despite that, these problems affect 1 in 10 brain haemorrhage survivors every year.
- Aspirin and clopidogrel are medicines that thin the blood to prevent blood clotting problems, but they may increase the risk of bleeding slightly.
- Many of the strokes and heart attacks that happen after a brain bleed are caused by blood clots, so aspirin or clopidogrel might help to prevent them.
- Aspirin and clopidogrel were safe after brain bleeds in the RESTART study of 537 people.

What is ASPIRING?

- ASPIRING is a randomised controlled study.
- In this study, one group of people starts daily aspirin or clopidogrel and the other group does not start antiplatelet medicine.
- You would have an equal chance of going into one or other group.
- You and your doctors will know which group you go into.
- We will study how each group gets on to work out what's best.

What does it mean for me?

- It is up to you to decide whether you take part. If you don't want to, that's OK. Your decision will not affect your standard medical care.
- If you decide to take part you must sign a consent form.
- You are free to withdraw at any time, without giving a reason.
- You should stick to the study's decision about whether to take an antiplatelet medicine until the study ends, unless you have a health problem that must change whether you take an antiplatelet medicine.
- Continue taking your usual medicines.
- We will inform your GP and your other doctors which group you go into.
- The study will follow your progress using central registers of information that is collected routinely by the NHS.

How can I make a decision?

If you are interested in hearing more about the ASPIRING study, one of our team will go through this information with you.

- Do ask if anything is unclear, to help you decide what's right for you.
- Please feel free to talk to others about this study if you wish.

More information

If you are interested:



Visit our website <http://ASPIRING.ed.ac.uk/>



Watch a video on our website to find out more information.



Read the supplementary participant information sheet.



Register your interest in taking part with the hospital team looking after you, or on our website.

About us

Funded by:



Run by:



THE UNIVERSITY
of EDINBURGH



Thank you for reading this information and considering taking part.
